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ANE - CHALLENGE

A transdisciplinary approach...

LEARNING TO...

...use “The Arrow Model” to help Ane to solve his problems giving a transdisciplinary solution.



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CASE STUDY

Ane Uriarte, 56-year-old patient. She lives with her husband and two sons, 20 and 17. She works full-time at an office as an accountant. She reports that she is very overwhelmed at work and needs a break. When she was younger, she was very fond of sports; she also was an amateur actress in the local theatre company, but since she became a mother, her only occupation has been taking care of children, house chores and of course, her work at the office.

She had her menopause two years ago, and still refers symptoms as hot flushes, night sweats, insomnia and changes in her mood. She also refers significant weight gain during the past two years

She suffers from high blood pressure, and was diagnosed with arrhythmia 5 years ago.

Anticoagulant treatment: Dabigatran 110 mg

Treatment for hypertension: Enalapril 10 mg

Situation

She was admitted to the Emergency Room (ER) with fatigue and digestive discomfort. She was very nervous; she also had an appointment at the dental clinic that same day to receive an implant.

She has been diagnosed with a cardiac arrest.

She has had two stents placed in the operating room.

She is currently hospitalized in the coronary ICU.

She is being monitored and receiving a 3.6%/0.3% glucose-saline infusion line.

Personal information

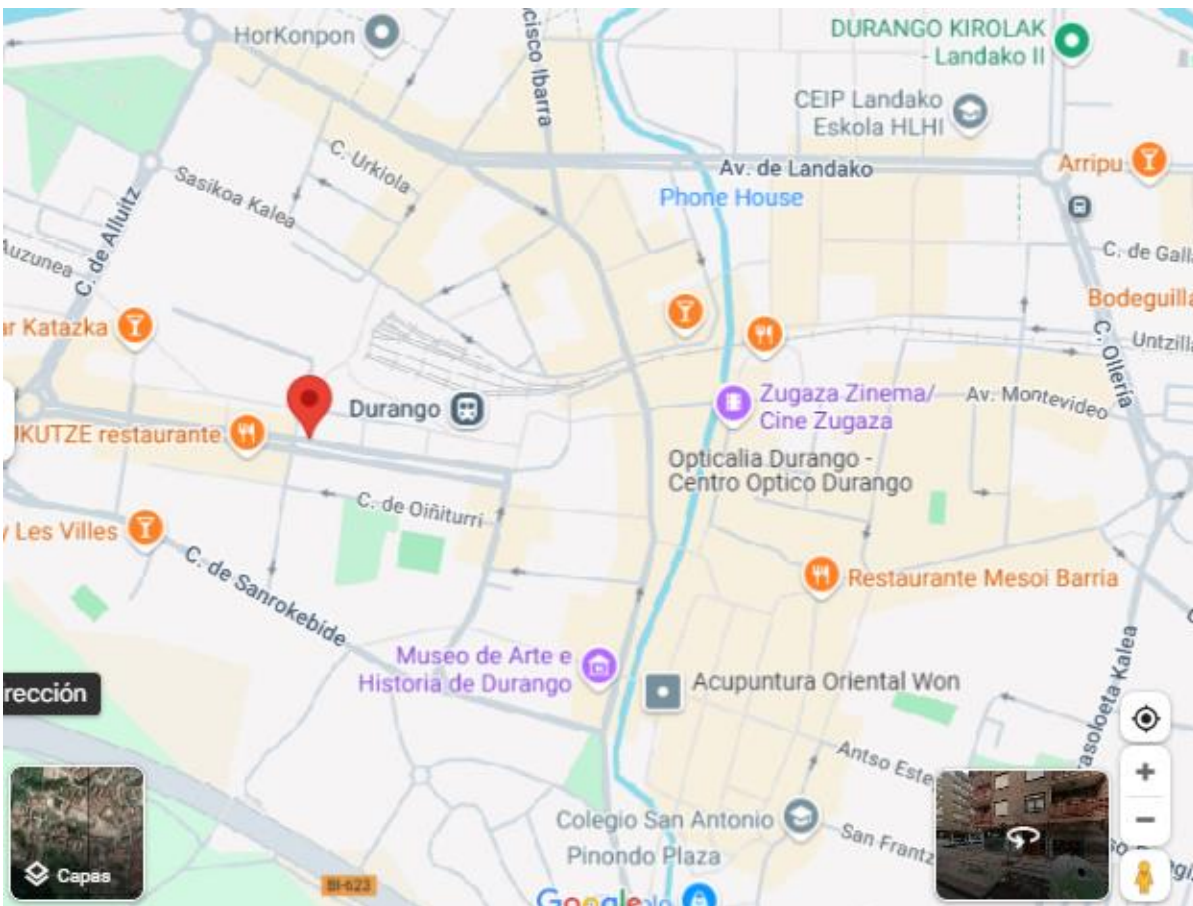
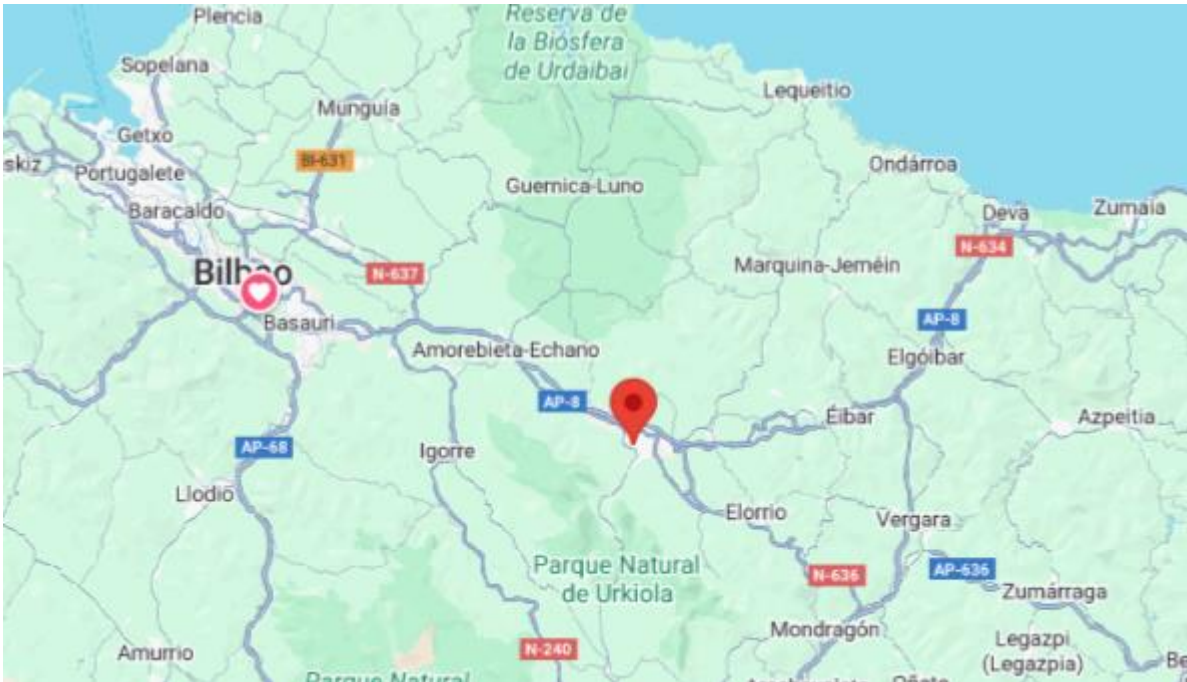
Name:	Ane Uriarte
Social security	10467771623
Adress:	Home address: Askatasun Etorbidea 17 - 2ªA 48200 Durango
Cellphone:	+34 946052374
Email:	Aneuriarte@gmail.com
Date of birth:	29/03/1967
Nationality:	Basque
Sex:	F
Languages skills:	<ul style="list-style-type: none"> ● Basque: mother tongue ● Spanish: good

Medication sheet

Medication	8:00	16:00	00:00
Dabigatran 500mg	X		
Enalapril 650mg	X		X

Interesting places

Durango is the village in Bizkaia where Ane lives. It is a well-connected village, 30 kilometres from Bilbao, with good services.



CHALLENGE

Points to address in the challenge:

- Describe Ane's condition and the procedures that will be performed:
 - From admission to the ER until transfer to the operating room.
 - During the ICU stay.
 - During the stay in the inpatient unit after discharge from the ICU

- Preparation for discharge and home recovery. Describe the patient's condition and the procedures that will be performed at that time.

Consider Ane's current situation and identify all the problems he faces (from a holistic view). After analyzing them, present a transdisciplinary proposal to address this situation.